



PUNCIPS 2025

ANNUAL CONFERENCE OF PUNJAB & CHANDIGARH BRANCH OF INDIAN PSYCHIATRIC SOCIETY

THEME: EMERGING ISSUES IN CONTEMPORARY PSYCHIATRIC PRACTICE

Saturday, 7TH JUNE 2025 | HOTEL SEPAL BATHINDA

Organised by : Bathinda Psychiatric Forum

In association with
Department of Psychiatry, AIIMS Bathinda
&
Department of Psychiatry, AIMSR Bathinda

7th
June

SAVE THE
DATE



Conference Secretariat

Dr. Arun Bansal

H. No. 672/A Street No. 1, Shakti Nagar
Bathinda - 151001, Punjab

Mobile No. : 9876193007, 9478002737, 9614120011

Applied for accreditation
from
**PUNJAB
MEDICAL COUNCIL**

Welcome Message

Rejuvenation is a word that speaks of renewed energy, newer challenges, and a renewed resolve to work for a better future. Our thoughts these days are colored by these hues, as the Bathinda Psychiatric Forum envisages to rejuvenate the Punjab and Chandigarh Branch of the Indian Psychiatric Society by organizing its annual conference after a hiatus of three years.

We congratulate the organizing team led by Dr Anil Goyal, Dr Purav Midha and Dr Satish Verma, who have been working hard to make the conference an enriching experience for the delegates.

The theme chosen for the conference is apt, “Emerging Issues in Contemporary Psychiatry Practice” and we hope to listen to luminaries from across the country to share their knowledge and wisdom on various aspects of the theme.

We sincerely hope that the conference rejuvenates our state branch in more ways than one, in bringing a renewed bonding amongst the extended family of the IPS Punjab and Chandigarh branch, and in enthusing the members to be more active in spreading the awareness about issues related to mental health in the community.

Warm Regards



Dr. Deepali Gul
President



Dr. Sandeep Grover
Secretary

Message from Organising Desk

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Esteemed Colleagues, Researchers, and Mental Health Professionals,

The Bathinda Psychiatric Forum is honored to invite you to a vital and timely conference dedicated to exploring the Emerging Issues in Contemporary Psychiatry Practice. This significant gathering aims to address the evolving challenges, innovative approaches, and critical discussions shaping the future of mental healthcare in our rapidly changing world.

In today's dynamic landscape, psychiatric practice is continually influenced by new research, technological advancements, societal shifts, and evolving patient needs. This conference will provide a crucial platform to delve into the forefront of these developments, fostering knowledge exchange and collaborative solutions.

Key areas of focus will include:

- The impact of technology on mental health of adolescents and mental healthcare delivery.
- Addressing the mental health consequences of social and environmental changes.
- Innovations in pharmacological and treatments in bipolar disorders.
- Navigating ethical dilemmas in modern psychiatric practice while dealing with transgender population.
- Understanding and addressing the rise in specific mental health challenges (e.g., anxiety, depression, substance use leading to suicide in students).

Last but not the least we will like you to pay attention to your own mental health.

Emerging issues in contemporary psychiatric practice, organized by the Bathinda Psychiatric Forum, offers a unique opportunity for professionals in the region and beyond to stay abreast of the most pressing issues in our field, share best practices, and contribute to the advancement of psychiatric care.

Warm Regards



Dr. Purav Kumar Midha
Organising Chairperson



Dr. Arun Bansal
Organising Secretary

Office Bearers

Indian Psychiatric Society (National)



Dr. Savita Malhotra
Hon. President



Dr. T. S. S. Rao
Hon. Vice President



Dr. Amrit Pattojoshi
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Hon. Editor

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Dr. Deepali Gul
President



Dr. Gulbahar Sidhu
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Editor

BHATINDA PSYCHIATRIC FORUM

ORGANISING BODY



Dr. Purav Kumar Midha
Organising Chairperson



Dr. S K Verma
Co-Chairperson



Dr. Arun Bansal
Organising Secretary



Dr. Indivar Kalra
Joint Secretary



Dr. Himanshu Gupta
Treasurer



Dr. Naresh Goyal
Joint Treasurer

IMPORTANT DATES

Regular Registration
till

May 20th, 2025

Late/Spot Registration
after

May 20th, 2025

Submission Date for
Award/Free Paper/Oration

June 7th, 2025

PUNCIPS 2025 REGISTRATION FEES

Category	Regular Registration till May 20 th , 2025	Late/Spot Registration after May 20 th , 2025
Delegate	₹ 2500.00	₹ 3500.00
PG Student	₹ 2000.00	₹ 2500.00
Accompanying Person	₹ 1500.00	₹ 2000.00

*Accompanying person would not be given a certificate and kit

BANK DETAILS

Account No.	37052754964
Account Name	BHATINDA PSYCHIATRIC FORUM
IFSC Number	SBIN0050657
Bank Name	STATE BANK OF INDIA
Bank Branch	CANTT BRANCH, BATHINDA

SCAN & PAY



For any query regarding registration, Kindly contact us at

Dr. Arun Bansal

H. No. 672/A Street No. 1, Shakti Nagar, Bathinda - 151001, Punjab

Mobile No. : 9876193007, 9478002737, 9614120011

GUIDELINES FOR AWARD PAPER/ FREE PAPER/ ORATION

Last date for sending award papers is 7th May 2025

Award papers should be sent to

Dr Sandeep Kumar Goyal

Associate Director, SPS Hospitals, Ludhiana

goyaldrsandyy@gmail.com

Last date for submission of free papers and posters is 14/05/2025

Free papers should be sent

Dr Bharat Udey

Associate professor, AIIMS BATHINDA

bharatudey@gmail.com

***Registration
for conference
is mandatory.**



For rules and regulations, please visit

www.bathindapsychiatristforum.com

Scientific Programme

Dr Gurvinder Pal Singh

Professor & HOD
Department of Psychiatry
AIIMS, Bathinda

The Third Wave of Psychotherapy: Recent Advances and Clinical Implications.

Dr Suresh Bada Math

Professor of Psychiatry, Head of
Forensic Psychiatry Unit &
Telemedicine center, NIMHANS
Bangalore

Gender Beyond the Binary: Understanding Transgender Identity and Its Societal Implications.

Dr Koushik S Deb

Professor Department of
Psychiatry, AIIMS, New Delhi

AI Meets Psychiatry: Current Trends and Clinical Models.

Dr Deepali Gul

Prof Psychiatry, PIMS Jalandhar
&

Dr Gulbahar Sidhu

Consultant Psychiatrist

Rescuing the Rescuers: Mental Wellness in Mental Health Providers.

Dr Perna Kukreti

Professor, Department of
Psychiatry, LHMC, New Delhi

Then and Now: The Shifting Paradigms in Female Sexual Wellness.

Dr Nitin Gupta

Consultant Psychiatrist and
Psychotherapist, Gupta Mind
Healing & Counseling Centre
Chandigarh

Bonding in the Digital Age: Relationship Patterns of Gen Z.

Dr Alok Sareen

Consultant psychiatrist, Sitaram
Bhartia Institute of Science and
Research, New Delhi

Behind the Smile: Mental Health and Suicide in Students.

Dr S K Mattoo

Professor, Adesh Medical College
Mohri, Shahbad, Haryana

Beyond Lithium to Novel Agents: A Review of Recent Psychopharmacological Advances in BPAD.

ORGANISING COMMITTEE

PUNCIPS 2025

PATRONS

Dr SK Tewari

Dr Anil Goyal

Dr Vandana Singla

Dr Amit Gupta

SCIENTIFIC COMMITTEE (FREE PAPERS AND POSTER JUDGEMENT)

Dr Gurvinder Pal Singh

Dr Gurmeet Kaur

Dr PD Bansal

Dr Jitender Aneja

Dr Bharat Udey

Dr Jawahar Singh

Dr Ramit Gupta

REGISTRATION COMMITTEE

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Dr S Krishnan

Dr RP Singh

Dr Rana Ramneek Singh

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Dr Teena Saini

VENUE COORDINATION COMMITTEE

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Dr Sharnjeet Kaur

Dr Nishant Singh Dhillon

ON STAGE COORDINATION TEAM

Dr SK Tewari

Dr Pragati Kalra

Dr Adarsh Goyal

Dr Priyanka Gupta

Dr Ish Garg



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Event Partner

Contact us:

+91 90419 99213

